

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00 am	Lane Swim	Closed	Lane Swim	Closed	Lane Swim	Closed	Closed
8.00 am	Lane Swim	Closed	Lane Swim	Closed	Lane Swim	Closed	Closed
9.00 am	Swim For All	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed
10.00 am	Open Swim Aqua Aerobics	Adult Lessons	Swim For All	Open Swim Aqua Aerobics	Swim For All	Children's Lessons	Open Swim Lane Swim
11.00 am	School Lessons	School Lessons	School Lessons	School Lessons	School Lessons	Children's Lessons	Open Swim
12.00 pm	School Lessons	School Lessons	School Lessons	School Lessons	School Lessons	Children's Lessons	Open Swim
1.00 pm	Open Swim Lane Swim	Open Swim Lane Swim	Open Swim Lane Swim	Open Swim Lane Swim	Open Swim Lane Swim	Children's Lessons	Swim For All
2.00 pm	School Lessons	School Lessons	School Lessons	School Lessons	School Lessons	Open Swim	Open Swim
3.00 pm	School Lessons	School Lessons	School Lessons	Staff Training	School Lessons	Open Swim	Fun Swim
4.00 pm	Children's Lessons	Children's Lessons	Children's Lessons	Children's Lessons	Bray Special Olympics	Open Swim	Open Swim
5.00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Swim	Adult Swim
6.00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim Children's Lane Training	Closed	Closed
7.00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed
8.00 pm	Adult Swim	Adult Swim Aqua Aerobics	Adult Lessons	Adult Swim Aqua Aerobics	Adult Swim	Closed	Closed
9.00 pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Closed	Closed	Closed
10.00 pm	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Each Swim starts on the hour and lasts for 50 minutes. All Open Swims contain 2 Swimming Lanes